

Chicken Kebab

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/israeli-chicken-kebab-recipe>

Ingredients:

- 1 boneless chicken breast skinless and, 12 oz.
- 2 tablespoons olive oil for grilling
- 1 1/2 tablespoons olive oil
- 1 1/2 tablespoons lemon juice
- 1 teaspoon paprika
- 1/2 teaspoon ground cumin optional
- 2 cloves garlic
- 1/4 teaspoon salt
- 1 tablespoon fresh parsley leaves chopped

Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 35 milligrams
4. Fat: 14 grams
5. Protein: 12 grams
6. SaturatedFat: 2 grams
7. Sodium: 220 milligrams

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