

# Brazilian Cheese Puffs (Pao de Queijo)

Yield: 24 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/brazilian-cheese-puffs-pao-de-queijo-recipe>

## Ingredients:

- 1/4 cup canola oil
- 1/4 cup water
- 1 teaspoon salt
- 1 cup tapioca starch
- 1 egg
- 1/3 cup plain yogurt
- 1/2 cup grated Parmesan cheese
- 1/2 cup mozzarella cheese grated

## Nutrition:

1. Calories: 60 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 15 milligrams
4. Fat: 3.5 grams
5. Protein: 2 grams
6. SaturatedFat: 1 grams
7. Sodium: 150 milligrams

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