

Tempura Cheese-Stuffed Chillies

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/brazilian-cheese-bread-recipe-potato-flour>

Ingredients:

- 8 red chillies long
- 2 3/4 ounces cheddar cheese cut into thin strips
- 1/2 cup all purpose flour
- 2 tablespoons potato flour
- 2/3 cup water iced
- oil for frying
- 2 tablespoons flour all-purpose, extra
- Japanese soy sauce to serve

Nutrition:

1. Calories: 210 calories
2. Carbohydrate: 20 grams
3. Cholesterol: 20 milligrams
4. Fat: 12 grams
5. Fiber: 1 grams
6. Protein: 7 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 380 milligrams

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