

Carne Asada Torta

Yield: 4 min
Total Time: 198 min

Recipe from: <https://www.recipeschoose.com/recipes/lidia-s-italy-torta-caprese-recipe>

Ingredients:

- 2 telera rolls
- 1 cup iceberg shredded
- 1 small avocado mashed
- 1 tomato vine-ripened, thinly sliced
- 1/8 small red onion thinly sliced
- 1/4 cup cotija crumbled
- 12 slices pickled jalapenos
- 1/4 cup refried beans optional
- 4 dashes hot sauce optional
- 2 telera rolls
- 1 cup iceberg shredded
- 1 small avocado mashed
- 1 tomato vine-ripened, thinly sliced
- 1/8 small red onion thinly sliced
- 1/4 cup cotija crumbled
- 12 slices pickled jalapenos
- 1/4 cup refried beans optional
- 4 dashes hot sauce optional

Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 40 grams
3. Cholesterol: 10 milligrams
4. Fat: 20 grams
5. Fiber: 10 grams
6. Protein: 13 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 590 milligrams
9. Sugar: 7 grams

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