

# Vegetarian Black Bean Burritos

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/brazilian-canned-black-bean-recipe>

## Ingredients:

- 1 1/2 tablespoons water
- 2 tablespoons fresh lime juice
- 2 teaspoons chili powder adjust for heat preference
- 3/4 teaspoon cumin
- 1/4 teaspoon black pepper
- 1/8 teaspoon cayenne pepper
- 1 3/4 cups canned black beans drained and rinsed
- 1/4 cup green onion thinly sliced
- 1/3 cup salsa
- 1/3 cup red bell pepper diced
- 1/3 cup zucchini diced
- 1/3 cup corn
- 2 tablespoons chopped cilantro finely
- salt
- pepper
- 4 flour tortillas 8-inch
- 3/4 cup Monterey Jack cheese
- 2 teaspoons olive oil plus additional as needed

## Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 50 grams
3. Cholesterol: 20 milligrams
4. Fat: 14 grams
5. Fiber: 11 grams
6. Protein: 17 grams
7. SaturatedFat: 5 grams
8. Sodium: 930 milligrams
9. Sugar: 3 grams

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