

# Camping Food

Yield: 10 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/bratwurst-italian-sausage-recipe>

## Ingredients:

- 1 package italian sausage uncooked
- 1 package brats uncooked
- 1 package cheese filled Brats, uncooked
- 1 onion small, sliced
- 1 pound baby potatoes small, cut in half
- 2 tablespoons olive oil
- 2 teaspoons kosher salt

## Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 65 milligrams
4. Fat: 23 grams
5. Fiber: 1 grams
6. Protein: 13 grams
7. SaturatedFat: 8 grams
8. Sodium: 1050 milligrams
9. Sugar: 1 grams

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