

# New Orleans French Bread

Yield: 40 min  
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/brand-new-vegan-italian-sausage-recipe>

## Ingredients:

- 2 tablespoons sugar
- 2 1/4 ounces active dry yeast packages
- 2 tablespoons vegetable shortening
- 6 cups bread flour
- 1 tablespoon kosher salt

## Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 16 grams
3. Fat: 1 grams
4. Fiber: 1 grams
5. Protein: 3 grams
6. Sodium: 180 milligrams
7. Sugar: 1 grams

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