

Sweet & Simple Braised Red Cabbage

Yield: 6 min
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/braised-red-cabbage-recipe-chinese>

Ingredients:

- 1 1/2 pounds red cabbage finely shredded, 1 small head or 1/2 a large head
- 1 tart apple large, cored and quartered, I normally use a pink lady which is slightly tart, yet juicy
- 1/2 cup sweet cream butter unsalted
- 1/2 cup brown sugar packed
- 1/2 cup apple cider vinegar
- 2 whole cinnamon sticks
- 1/2 teaspoon ground cloves
- 3/4 teaspoon salt
- 1/4 teaspoon ground black pepper

Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 24 grams
3. Cholesterol: 40 milligrams
4. Fat: 15 grams
5. Fiber: 3 grams
6. Protein: 1 grams
7. SaturatedFat: 10 grams
8. Sodium: 330 milligrams
9. Sugar: 19 grams

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