

# Pot Roast in Foil

Yield: 8 min  
Total Time: 250 min

Recipe from: <https://www.recipeschoose.com/recipes/bottom-round-swiss-steak-recipe>

## Ingredients:

- 3 pounds bottom round
- 10 3/4 ounces condensed cream of mushroom soup
- 1 packet onion soup mix
- 2 tablespoons water

## Nutrition:

1. Calories: 370 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 100 milligrams
4. Fat: 23 grams
5. Protein: 37 grams
6. SaturatedFat: 9 grams
7. Sodium: 730 milligrams
8. Sugar: 1 grams

---

Thank you for visiting our website. Hope you enjoy Pot Roast in Foil above. You can see more 20 bottom round swiss steak recipe Experience flavor like never before! to get more great cooking ideas.