

Stuffed Boneless Leg of Lamb

Yield: 9 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/boneless-leg-of-lamb-indian-recipe>

Ingredients:

- 1 leg of lamb boned, about 5 lb.
- 1 tablespoon extra virgin olive oil plus more for brushing
- 1 red bell pepper seeded and finely chopped
- 3 garlic cloves thinly sliced
- 2 shallots thinly sliced
- 1 tablespoon red wine vinegar
- 1 teaspoon fresh thyme leaves
- freshly ground pepper
- salt
- 2 Tbs. Dijon mustard

Nutrition:

1. Calories: 370 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 160 milligrams
4. Fat: 15 grams
5. Fiber: 1 grams
6. Protein: 54 grams
7. SaturatedFat: 5 grams
8. Sodium: 250 milligrams
9. Sugar: 1 grams

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