

Tropical Coconut Pie

Yield: 8 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/bonefish-jamaican-coconut-pie-recipe>

Ingredients:

- 6 ounces shortcrust pastry or 8 inch cooked pie crust
- 2 tablespoons ground pecans each, * sugar, if making pastry
- 2 tablespoons custard OR 5 half cup servings of Jello Cook & Serve vanilla flavour custard / Jell - O pudding
- 1 cup milk
- 1 cup coconut milk
- 9/16 cup cream cheese
- 7/8 cup whipping cream
- 3 teaspoons powdered sugar
- 1 3/16 cups pineapple chopped, optional
- 1/4 cup coconut toasted or untoasted, for the topping

Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 40 milligrams
4. Fat: 26 grams
5. Fiber: 2 grams
6. Protein: 5 grams
7. SaturatedFat: 15 grams
8. Sodium: 190 milligrams
9. Sugar: 7 grams

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