

# Mexican Bolillo Bread Rolls

Yield: 4 min  
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/bollio-bread-recipe-sonora-mexico>

## Ingredients:

- 4 cups all purpose flour
- 1 1/2 teaspoons dry active yeast
- 1 teaspoon salt
- 1 tablespoon honey
- 1 tablespoon butter melted
- 1 1/4 cups hot water divided

## Nutrition:

1. Calories: 500 calories
2. Carbohydrate: 100 grams
3. Cholesterol: 10 milligrams
4. Fat: 4 grams
5. Fiber: 4 grams
6. Protein: 13 grams
7. SaturatedFat: 2 grams
8. Sodium: 620 milligrams
9. Sugar: 4 grams

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