

Chinese Bok Choy Soup

Yield: 7 min

Total Time: 113 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-chinese-rice-noodle-soup-hoisin-bok-choy>

Ingredients:

- 3/4 pound pork shoulder blade steak
- 64 ounces mushroom broth Pacific® Organic
- sesame oil Ka-Me®, ; good drizzle
- spice
- roasted garlic
- 15 ounces straw mushrooms can of Roland®, ; drained
- cracked pepper Freshly, to taste
- sea salt flakes to taste
- bok choy
- greens
- 1/2 small yellow onion ; sliced thin
- rice noodles optional

Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 30 milligrams
4. Fat: 9 grams
5. Fiber: 2 grams
6. Protein: 11 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 1460 milligrams
9. Sugar: 3 grams

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