

Blueberry Ginger Bellini

Yield: 2 min
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/blueberry-juice-recipe-indian>

Ingredients:

- 1/2 cup blueberries
- 1 tablespoon ginger minced, the smaller the mince, the more intense the ginger flavor
- 1 tablespoon sugar
- 1/2 lemon
- 1 cup blueberry juice chilled
- 1 cup sparkling wine or substitute sparkling apple juice, chilled

Nutrition:

1. Calories: 210 calories
2. Carbohydrate: 33 grams
3. Fiber: 2 grams
4. Protein: 1 grams
5. Sodium: 15 milligrams
6. Sugar: 24 grams

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