

Italian Fruit and Cream Gateau

Yield: 6 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/blueberry-italian-cream-cake-recipe>

Ingredients:

- 2 eggs separated
- 1 1/4 cups mascarpone
- 1/4 cup caster sugar
- 1 1/2 cups strong black coffee cold
- 2 tablespoons marsala wine
- 12 ladyfinger
- 18 strawberry sliced
- 11 blueberries

Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 26 grams
3. Cholesterol: 150 milligrams
4. Fat: 10 grams
5. Fiber: 1 grams
6. Protein: 8 grams
7. SaturatedFat: 5 grams
8. Sodium: 150 milligrams
9. Sugar: 9 grams

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