

Blueberry Bread Pudding

Yield: 4 min
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/blueberry-bread-pudding-recipe-southern-living>

Ingredients:

- 1 loaf bread Dempster's Honey Wheat
- 1 tablespoon unsalted butter
- 5 cups whole milk
- 6 large eggs
- 2 teaspoons vanilla
- 1 cup granulated sugar
- 1 teaspoon cinnamon
- 1/4 teaspoon salt
- 1 lemon
- 1 cup blueberries

Nutrition:

1. Calories: 920 calories
2. Carbohydrate: 148 grams
3. Cholesterol: 355 milligrams
4. Fat: 24 grams
5. Fiber: 5 grams
6. Protein: 31 grams
7. SaturatedFat: 12 grams
8. Sodium: 1340 milligrams
9. Sugar: 77 grams

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