

# Warm Shrimp and Blue Cheese Pasta Salad

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/blue-cheese-and-asparagus-pizza-recipes>

## Ingredients:

- 1 pound large shrimp or medium
- 1 bunch asparagus trimmed and cut into 1-2 inch pieces
- 8 ounces short pasta penne, rotini, ziti, etc
- 1/2 cup heavy cream
- 1 clove garlic minced
- 2 tablespoons olive oil
- 4 ounces crumbled blue cheese plus more for garnish
- salt
- pepper

## Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 21 grams
3. Cholesterol: 90 milligrams
4. Fat: 29 grams
5. Fiber: 2 grams
6. Protein: 11 grams
7. SaturatedFat: 15 grams
8. Sodium: 610 milligrams
9. Sugar: 2 grams

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