

Black-Eyed Pea Salad

Yield: 8 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/black-eyed-peas-salad-greek-recipe>

Ingredients:

- 2 cans black-eyed peas drained and rinsed
- 1 tomato large, diced
- 1/2 red onion large, diced
- 1 orange bell pepper or small or 1/2 large red, yellow, diced
- 1 jalapeno diced
- 4 green onions sliced
- 1/3 cup cilantro chopped
- 1/4 cup rice wine vinegar unseasoned
- 2 tablespoons canola oil
- 1/2 teaspoon organic cane sugar
- ground black pepper
- salt

Nutrition:

1. Calories: 410 calories
2. Carbohydrate: 66 grams
3. Fat: 5 grams
4. Fiber: 1 grams
5. Protein: 26 grams
6. SaturatedFat: 1 grams
7. Sodium: 120 milligrams
8. Sugar: 2 grams

Thank you for visiting our website. Hope you enjoy Black-Eyed Pea Salad above. You can see more 18 black-eyed peas salad greek recipe Ignite your passion for cooking! to get more great cooking ideas.