

# Black Chickpea Hummus

Yield: 3 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/black-chickpeas-recipe-italian>

## Ingredients:

- 2 3/4 cups black chickpeas about 7 ounces
- 1/2 cup tahini
- 2 tablespoons lemon juice
- 1 garlic clove finely minced
- 1 teaspoon salt
- 1/4 cup extra-virgin olive oil
- 2 tablespoons chopped parsley