

# Yellow Rice and Beans

Yield: 1 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/black-beans-and-yellow-rice-recipe-southern-living>

## Ingredients:

- 1 packet yellow rice prepared according to package directions
- 1 can black beans rinsed and drained
- 1/2 cup chopped onion
- 2 teaspoons cumin
- 1 cup chicken stock

## Nutrition:

1. Calories: 530 calories
2. Carbohydrate: 91 grams
3. Cholesterol: 5 milligrams
4. Fat: 3.5 grams
5. Fiber: 32 grams
6. Protein: 34 grams
7. Sodium: 1990 milligrams
8. Sugar: 8 grams

---

Thank you for visiting our website. Hope you enjoy Yellow Rice and Beans above. You can see more 17 black beans and yellow rice recipe southern living Get cooking and enjoy! to get more great cooking ideas.