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Chinese Black Bean Chili Sauce

Yield: 4 min Total Time: 20 min

Recipe from: https://www.recipeschoose.com/recipes/recipe-black-bean-clay-pot-chinese

Ingredients:

- 1 tablespoon gluten free soy sauce
- 1 tablespoon sherry
- 2 teaspoons organic sugar
- 1/8 teaspoon sea salt
- 2 tablespoons water
- 2 tablespoons scallions minced
- 2 tablespoons grapeseed oil
- 2 tablespoons black beans fermented salted, rinsed and rained
- 1 teaspoon chili pepper flakes
- 1 teaspoon minced garlic

Nutrition:

Calories: 80 calories
Carbohydrate: 4 grams

3. Fat: 7 grams4. Fiber: 1 grams5. Protein: 1 grams

6. SaturatedFat: 0.5 grams7. Sodium: 360 milligrams

8. Sugar: 2 grams

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