

Black Bean Burrito Bowls

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/black-bean-burrito-indian-style-recipe>

Ingredients:

- cooked brown rice mine was leftover from my Thai green curry
- roasted red peppers chopped
- black beans Cooked, canned or frozen, liquid drained
- salsa verde
- fresh cilantro
- avocado diced
- lime wedge
- red pepper flakes

Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 14 grams
3. Fat: 3.5 grams
4. Fiber: 6 grams
5. Protein: 3 grams
6. Sodium: 190 milligrams
7. Sugar: 2 grams

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