

Bite Size Tacos

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/bite-size-pizza-recipe-indian>

Ingredients:

- 1 tablespoon olive olive
- 1/2 onion medium, ; chopped
- 1 pound lean ground beef
- 1 packet taco seasoning or use the recipe link above
- tostitos scoops
- shredded cheese
- shredded lettuce
- sour cream
- salsa
- hot sauce

Nutrition:

1. Calories: 210 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 80 milligrams
4. Fat: 10 grams
5. Fiber: 1 grams
6. Protein: 26 grams
7. SaturatedFat: 5 grams
8. Sodium: 260 milligrams
9. Sugar: 2 grams

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