

Cheesy Taco Bake

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/bisquick-mexican-bake-recipe>

Ingredients:

- 2 cups bisquick Original Mix
- 3/4 cup water
- 2 tablespoons chopped cilantro freshly
- 1 1/2 pounds beef lean group, cooked and excess fat drained
- 16 ounces chunky salsa I used mild
- 11 ounces mexicorn drain excess liquid
- 1 packet low sodium taco seasoning 1 to 1.25 oz packet
- 2 cups Monterey Jack cheese finely shredded Colby-, blend

Nutrition:

1. Calories: 930 calories
2. Carbohydrate: 61 grams
3. Cholesterol: 165 milligrams
4. Fat: 53 grams
5. Fiber: 4 grams
6. Protein: 55 grams
7. SaturatedFat: 23 grams
8. Sodium: 2170 milligrams
9. Sugar: 11 grams
10. TransFat: 1.5 grams

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