

# My Tiramisu

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/trifle-recipe-with-italian-biscuits>

## Ingredients:

- 5 eggs free range organic
- 3 7/8 cups mascarpone cheese
- 5 tablespoons caster sugar
- 2 tablespoons sweet wine vinsanto, or any other liqueur
- 1 espresso generous cup of dark, or moka coffee
- 1 biscuits big pack of savoy or lady fingers, approx. 40 biscuits or more
- 5/8 cup dark chocolate
- unsweetened cocoa powder to dust

## Nutrition:

1. Calories: 640 calories
2. Carbohydrate: 41 grams
3. Cholesterol: 360 milligrams
4. Fat: 46 grams
5. Fiber: 4 grams
6. Protein: 23 grams
7. SaturatedFat: 24 grams
8. Sodium: 660 milligrams
9. Sugar: 26 grams

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