

Buttermilk Biscones

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/biscones-recipes>

Ingredients:

- 1 1/2 cups all purpose flour
- 1 1/2 cups cake flour not self-rising
- 1/4 cup granulated sugar
- 2 tablespoons baking powder
- 1/4 teaspoon ground cardamom
- 2 sticks unsalted butter cold, cut into cubes
- 1 1/2 cups buttermilk
- 1 egg beaten for egg wash
- 1/4 cup turbinado or demerara

Nutrition:

1. Calories: 910 calories
2. Carbohydrate: 102 grams
3. Cholesterol: 180 milligrams
4. Fat: 50 grams
5. Fiber: 3 grams
6. Protein: 15 grams
7. SaturatedFat: 30 grams
8. Sodium: 900 milligrams
9. Sugar: 24 grams

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