

Blueberry Boy Bait

Yield: 12 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/polish-boy-recipe>

Ingredients:

- 2 cups all-purpose flour
- 1 tablespoon baking powder
- 1 teaspoon table salt
- 16 tablespoons unsalted butter (2 sticks), softened
- 3/4 cup light brown sugar
- 1/2 cup granulated sugar
- 3 large eggs
- 1 cup whole milk though buttermilk, which was all i had on hand, worked just great
- 1/2 cup blueberries fresh or frozen (if frozen, do not defrost first as it tends to muddle in the batter)
- 1/2 cup blueberries fresh or frozen (do not defrost)
- 1/4 cup granulated sugar
- 1/2 teaspoon ground cinnamon

Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 46 grams
3. Cholesterol: 95 milligrams
4. Fat: 17 grams
5. Fiber: 1 grams
6. Protein: 5 grams
7. SaturatedFat: 10 grams
8. Sodium: 360 milligrams
9. Sugar: 28 grams

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