

# Michelle's Rich Keto Brownies

Yield: 16 min  
Total Time: 32 min

Recipe from: <https://www.recipeschoose.com/recipes/betty-crocker-swedish-meatball-recipe-with-instant-coffee>

## Ingredients:

- 3/4 cup almond flour measured and sifted
- 3/4 cup unsweetened cocoa powder dark
- 1 ounce unsweetened baking chocolate
- 1 1/4 sticks butter tablespoons of unsalted butter, 10 tablespoons.
- 3/4 cup chopped walnuts optional
- 3 large eggs
- 2 teaspoons vanilla
- 1/4 teaspoon sea salt
- 1 1/4 cups sugar substitute
- 1 teaspoon baking powder
- 1 teaspoon instant coffee optional

## Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 60 milligrams
4. Fat: 16 grams
5. Fiber: 3 grams
6. Protein: 4 grams
7. SaturatedFat: 6 grams
8. Sodium: 135 milligrams
9. Sugar: 1 grams

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