

Slow Cooker Southern Candied Yams

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-southern-yams-recipe>

Ingredients:

- 8 yams medium sized, peeled & chopped
- 2 tablespoons cornstarch
- 3/4 cup white granulated sugar
- 1/3 cup brown sugar packed
- 4 tablespoons salted butter
- 1 tablespoon vanilla extract
- 1 teaspoon ground cinnamon
- 1/4 teaspoon ground nutmeg
- 2 cups water

Nutrition:

1. Calories: 630 calories
2. Carbohydrate: 127 grams
3. Cholesterol: 30 milligrams
4. Fat: 12 grams
5. Fiber: 11 grams
6. Protein: 5 grams
7. SaturatedFat: 7 grams
8. Sodium: 115 milligrams
9. Sugar: 53 grams

Thank you for visiting our website. Hope you enjoy Slow Cooker Southern Candied Yams above. You can see more 17 traditional southern yams recipe You won't believe the taste! to get more great cooking ideas.