

Vietnamese Green Papaya Salad (Goi Du Du)

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/green-papaya-recipe-vietnamese>

Ingredients:

- 1 green papaya large, with skin peeled away with a vegetable peeler
- 1 large carrot peeled and shredded on the large holes of a grater
- 3 cloves garlic finely minced
- 1 scallion finely minced
- 1/4 cup fish sauce high-quality
- 1/4 cup granulated sugar
- 1/3 cup lime juice or the juice from 2 to 3 limes
- 1/4 teaspoon lime zest
- 2 Thai bird chilies sliced cross-wise, optional
- roasted cashews or peanuts, to garnish, optional
- basil or cilantro, to garnish, optional

Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 25 grams
3. Fiber: 2 grams
4. Protein: 2 grams
5. Sodium: 1410 milligrams
6. Sugar: 19 grams

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