

Turkish Celeriac Soup

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/best-turkish-yoghurt-soup-recipe>

Ingredients:

- 2 tablespoons olive oil
- 1 medium onion thinly chopped
- 2 cloves garlic minced
- 1 medium carrot cubed
- 1/2 kilogram celeriac cubed
- 4 cups stock
- salt
- pepper
- 1/8 teaspoon chili flakes
- 1/2 cup yogurt
- 2 tablespoons fresh dill roughly chopped
- 3 tablespoons olive oil
- 3 cloves garlic crushed
- 3 teaspoons dried mint

Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 29 grams
3. Cholesterol: 10 milligrams
4. Fat: 20 grams
5. Fiber: 4 grams
6. Protein: 11 grams
7. SaturatedFat: 3 grams
8. Sodium: 690 milligrams
9. Sugar: 10 grams

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