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Loaded Sweet Potato Casserole

Yield: 9 min Total Time: 90 min

Recipe from: https://www.recipeschoose.com/recipes/sweet-potato-recipe-for-thanksgiving-with-marshmallows

Ingredients:

- 3 pounds sweet potatoes fresh, 4–5 large sweet potatoes, peeled and cut into 1 inch cubes
- 1/2 cup milk
- 1 cup light brown sugar packed
- 1/4 cup unsalted butter melted
- 2 eggs
- 1 teaspoon ground cinnamon
- 1/2 teaspoon ground nutmeg
- 1 teaspoon vanilla extract
- 1 pinch salt
- 1/3 cup all-purpose flour
- 1/3 cup light brown sugar packed
- 1/2 teaspoon ground cinnamon
- 1/8 teaspoon ground nutmeg
- 1 pinch ground cloves
- 3 tablespoons salted butter melted
- 3 cups marshmallows

Nutrition:

Calories: 530 calories
Carbohydrate: 106 grams
Cholesterol: 70 milligrams

4. Fat: 10 grams5. Fiber: 5 grams

6. Protein: 7 grams

7. SaturatedFat: 6 grams8. Sodium: 220 milligrams

9. Sugar: 67 grams

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