

Skinny Swiss Miss Brownies

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/swiss-miss-for-recipe>

Ingredients:

- 1/4 cup skim milk
- 3/4 cup nonfat plain greek yogurt
- 1 egg
- 1/4 teaspoon salt
- 1 teaspoon baking powder
- 1/2 cup rolled oats old-fashioned
- 1/2 cup cocoa powder Swiss Miss hot, with or without the tiny freeze-dried marshmallows; you could also use the reduced-sugar version...
- 1 cup granulated sugar or use brown sugar, or Stevia for a healthier version
- 1 1/2 cups mini marshmallows

Nutrition:

1. Calories: 500 calories
2. Carbohydrate: 117 grams
3. Cholesterol: 55 milligrams
4. Fat: 3.5 grams
5. Fiber: 5 grams
6. Protein: 8 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 380 milligrams
9. Sugar: 92 grams

Thank you for visiting our website. Hope you enjoy Skinny Swiss Miss Brownies above. You can see more 18 swiss miss for recipe Discover culinary perfection! to get more great cooking ideas.