

# Perfect Southern Sweet Iced Tea {Never Bitter}

Yield: 7 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-sweet-iced-tea-recipe>

## Ingredients:

- 8 tea bags regular size
- 2 cups boiling water
- 1/2 cup sugar or to taste, I use about 1/2 to 3/4 cup
- 6 cups cold water
- 1 pinch baking soda
- ice
- lemon optional
- mint sprigs optional

## Nutrition:

1. Calories: 60 calories
2. Carbohydrate: 16 grams
3. Fiber: 1 grams
4. Sodium: 35 milligrams
5. Sugar: 14 grams

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