

Southern Pot Roast {Slow Cooker Style}

Yield: 8 min
Total Time: 495 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-roast-recipe>

Ingredients:

- 4 pounds beef chuck roast
- 4 cups water
- 1 teaspoon Better Than Bouillon Beef Base for each cup of Water
- 1 pound baby carrots
- 1 pound new potatoes small
- 20 fresh green beans cut, or, sometimes I do celery instead, whatever
- salt
- pepper
- garlic powder

Nutrition:

1. Calories: 620 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 150 milligrams
4. Fat: 41 grams
5. Fiber: 4 grams
6. Protein: 45 grams
7. SaturatedFat: 16 grams
8. Sodium: 290 milligrams
9. Sugar: 4 grams

Thank you for visiting our website. Hope you enjoy Southern Pot Roast {Slow Cooker Style} above. You can see more 20 southern living roast recipe Experience culinary bliss now! to get more great cooking ideas.