

Buttermilk Peach Ice Cream

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-peach-ice-cream-recipe>

Ingredients:

- 2 cups cream
- 1 cup buttermilk
- 2 pounds peaches about 6 whole, peeled and sliced, or 2 cups peaches, frozen or canned
- 3/4 cup sugar
- 1/2 teaspoon canela
- 1 teaspoon vanilla
- 2 tablespoons lemon juice

Nutrition:

1. Calories: 560 calories
2. Carbohydrate: 70 grams
3. Cholesterol: 100 milligrams
4. Fat: 29 grams
5. Fiber: 5 grams
6. Protein: 9 grams
7. SaturatedFat: 18 grams
8. Sodium: 110 milligrams
9. Sugar: 59 grams

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