

Classic Kentucky Mint Julep

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-tier-bourbon-smash-recipe>

Ingredients:

- 2 1/2 ounces bourbon
- 25 mint leaves
- 1 ounce simple syrup
- ice cubes
- crushed ice
- 1/2 cup sugar
- 1/2 cup water
- 1 bunch mint leaves

Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 31 grams
3. Fiber: 1 grams
4. Sodium: 5 milligrams
5. Sugar: 30 grams

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