

Southern Hamburger Steaks With Onion & Mushroom Gravy

Yield: 5 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-style-hamburger-recipe>

Ingredients:

- burgers
- 1/3 cup breadcrumbs
- 12 ounces bacon thinly sliced and cooked until crispy
- 1 egg beaten
- 1 teaspoon seasoned salt
- 1 teaspoon garlic powder
- 1/2 teaspoon pepper
- 1 1/2 pounds ground beef
- 1 cup all purpose flour
- 2 tablespoons vegetable oil
- gravy
- 1 cup diced onion small-
- 4 cloves garlic minced
- 2 cups sliced mushrooms thinly
- 1/4 cup butter
- 1/3 cup flour
- 3 cups beef broth
- 1/2 teaspoon seasoned salt
- 1/4 teaspoon pepper

Nutrition:

1. Calories: 930 calories
2. Carbohydrate: 36 grams
3. Cholesterol: 205 milligrams

4. Fat: 68 grams
 5. Fiber: 2 grams
 6. Protein: 43 grams
 7. SaturatedFat: 25 grams
 8. Sodium: 1330 milligrams
 9. Sugar: 3 grams
 10. TransFat: 1.5 grams
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