

Southern Creamed Corn

Yield: 6 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/best-southern-creamed-frozen-corn-recipe>

Ingredients:

- 4 tablespoons butter
- 3 cups frozen corn
- 1/2 bell pepper sweet, diced in a small dice
- 1 cup heavy cream
- 2 tablespoons brown sugar
- 1 teaspoon salt
- 1 teaspoon ground black pepper
- 1/4 cup cold water
- 2 tablespoons cornstarch

Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 85 milligrams
4. Fat: 26 grams
5. Fiber: 1 grams
6. Protein: 2 grams
7. SaturatedFat: 16 grams
8. Sodium: 470 milligrams
9. Sugar: 5 grams

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