

Delicious Southern Cornbread

Yield: 8 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-cornbread-recipe-with-honey>

Ingredients:

- 3 tablespoons vegetable oil
- 1 cup self-rising cornmeal
- 3/4 cup buttermilk
- 1 egg
- 1 tablespoon honey
- 1 tablespoon self-rising cornmeal

Nutrition:

1. Calories: 140 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 30 milligrams
4. Fat: 7 grams
5. Fiber: 1 grams
6. Protein: 3 grams
7. SaturatedFat: 1 grams
8. Sodium: 280 milligrams
9. Sugar: 3 grams

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