

# Big B's Collard Greens

Yield: 8 min

Total Time: 140 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-southern-collards-ham-hocks-recipe>

## Ingredients:

- 1 quart chicken stock
- 3 ham hocks small
- 1 onion large, chopped
- 4 cloves garlic minced
- 1 tablespoon crushed red pepper flakes
- 3 tablespoons cider vinegar
- 1/4 teaspoon black pepper
- water
- 1 bunch collard greens rinsed, trimmed and chopped
- salt to taste
- hot pepper sauce to taste

## Nutrition:

1. Calories: 60 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 5 milligrams
4. Fat: 1.5 grams
5. Fiber: 2 grams
6. Protein: 4 grams
7. Sodium: 340 milligrams
8. Sugar: 3 grams

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