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Southern Baked Beans

Yield: 9 min Total Time: 60 min

Recipe from: https://www.recipeschoose.com/recipes/trish-easy-southern-baked-bean-recipe

Ingredients:

- 32 ounces navy beans
- 3 strips bacon diced
- 2 cloves garlic minced
- 1/2 sweet onion medium, diced
- 1 tablespoon worcestershire sauce
- 1/4 cup unsulphured molasses
- 1/4 cup dark brown sugar
- 1/4 cup ketchup
- 1 teaspoon yellow mustard prepared
- 2 slices bacon halved
- 1 teaspoon brown sugar

Nutrition:

Calories: 220 calories
Carbohydrate: 32 grams
Cholesterol: 10 milligrams

4. Fat: 8 grams5. Protein: 9 grams

6. SaturatedFat: 2.5 grams7. Sodium: 240 milligrams

8. Sugar: 14 grams

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