

Southern BBQ Chicken

Yield: 5 min

Total Time: 550 min

Recipe from: <https://www.recipeschoose.com/recipes/oven-baked-southern-bbq-chicken-recipe>

Ingredients:

- 2 tablespoons brown sugar
- 2 cloves garlic cloves, chopped
- 2 teaspoons salt
- 1 teaspoon black pepper
- 10 chicken drumsticks
- 2 tablespoons vegetable oil
- 1/2 cup finely chopped onion
- 3/4 cup ketchup
- 2 tablespoons white wine vinegar
- 2 tablespoons Worcestershire sauce

Nutrition:

1. Calories: 580 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 210 milligrams
4. Fat: 35 grams
5. Protein: 46 grams
6. SaturatedFat: 8 grams
7. Sodium: 1610 milligrams
8. Sugar: 13 grams

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