

Scalloped Corn Casserole

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-scalloped-corn-casserole-recipe>

Ingredients:

- 2 large eggs
- 1 cup 2% milk
- 2/3 cup cracker crumbs crushed saltine, or butter crackers
- 2 cans whole kernel corn, drained 14.5 ounces each
- 3 tablespoons butter melted
- 3/4 teaspoon salt
- 1/4 teaspoon ground black pepper
- 1 tablespoon sugar
- 1 tablespoon minced onion freshly grated

Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 33 grams
3. Cholesterol: 135 milligrams
4. Fat: 13 grams
5. Fiber: 1 grams
6. Protein: 9 grams
7. SaturatedFat: 7 grams
8. Sodium: 710 milligrams
9. Sugar: 8 grams

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