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Spinach, Blue Cheese, and Bacon Salad

Yield: 4 min Total Time: 30 min

Recipe from: https://www.recipeschoose.com/recipes/recipe-for-salad-for-thanksgiving-dinner

Ingredients:

- 3 large eggs
- 6 bacon slices
- 1/4 cup extra-virgin olive oil
- 3 tablespoons red wine vinegar
- 2 teaspoons Dijon mustard
- 1 teaspoon honey
- 1/4 teaspoon salt
- 1/4 teaspoon black pepper
- 4 ounces blue cheese
- 1/2 cup red onion cut into thin slivers
- 5 ounces baby spinach 5 ounces is 8 cups loosely packed

Nutrition:

- 1. Calories: 360 calories
- 2. Carbohydrate: 6 grams
- 3. Cholesterol: 190 milligrams
- 4. Fat: 31 grams
- 5. Fiber: 1 grams
- 6. Protein: 14 grams
- 7. SaturatedFat: 10 grams
- 8. Sodium: 730 milligrams
- 9. Sugar: 3 grams

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