

Savoury Roasted Carrots

Yield: 7 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/roasted-carrot-recipe-for-christmas>

Ingredients:

- 2 pounds carrots peeled
- 2 tablespoons olive oil
- 2 cloves garlic minced
- 1 teaspoon dried oregano
- 1 teaspoon dried thyme
- 1 teaspoon salt
- 1/2 teaspoon ground black pepper
- 1 tablespoon parsley chopped, for garnish, optional

Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 13 grams
3. Fat: 4 grams
4. Fiber: 4 grams
5. Protein: 1 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 430 milligrams
8. Sugar: 7 grams

Thank you for visiting our website. Hope you enjoy Savoury Roasted Carrots above. You can see more 17+ roasted carrot recipe for christmas Dive into deliciousness! to get more great cooking ideas.