

Southern Man's Beef Ribs

Yield: 6 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-style-ribs-recipe-grill>

Ingredients:

- 1 1/2 tablespoons kosher salt
- 2 1/2 teaspoons paprika
- 2 teaspoons ground black pepper freshly
- 2 teaspoons garlic powder
- 1 1/2 teaspoons worcestershire powder
- 1 teaspoon cayenne pepper
- 3/4 teaspoon ground coriander
- 3/4 teaspoon celery salt
- 3/4 teaspoon onion powder
- 1/2 teaspoon turmeric
- 1/4 teaspoon ground nutmeg
- 6 pounds back ribs beef
- 1 1/2 cups cola at room temperature and flat

Nutrition:

1. Calories: 890 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 335 milligrams
4. Fat: 55 grams
5. Fiber: 1 grams
6. Protein: 87 grams
7. SaturatedFat: 9 grams
8. Sodium: 2100 milligrams
9. Sugar: 6 grams

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