

# Paleo Crock Pot Monkey Bread!

Yield: 4 min  
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/top-recipe-sites-in-india>

## Ingredients:

- 1/3 cup coconut flour
- 3 eggs
- 1/2 teaspoon baking soda
- 5 tablespoons coconut oil /grass-fed butter
- 1 dash salt
- 2 tablespoons honey
- dough
- 4 eggs
- 1 cup honey
- 4 tablespoons grass-fed butter melted
- 1 tablespoon canela

## Nutrition:

1. Calories: 860 calories
2. Carbohydrate: 94 grams
3. Cholesterol: 400 milligrams
4. Fat: 52 grams
5. Fiber: 3 grams
6. Protein: 14 grams
7. SaturatedFat: 32 grams
8. Sodium: 580 milligrams
9. Sugar: 80 grams

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