

Sheet Pan Pork Chops with Sweet Potatoes and Apples

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/sweet-potatoes-recipe-for-thanksgiving-dinner>

Ingredients:

- 1 1/2 pounds sweet potatoes
- 3 red baking apples medium, like Fuji
- 1 tablespoon canola oil
- 1 1/2 tablespoons maple syrup
- 1/4 teaspoon canela
- 1 dash allspice
- 1/2 teaspoon salt for sweet potatoes
- black pepper to taste, for sweet potatoes
- 4 pork loin chops about 1 inch thick
- 3/4 teaspoon salt for pork chops
- black pepper to taste, for pork chops
- 2 teaspoons light brown sugar firmly packed
- fresh thyme for garnish, optional