

# Kanelbullar - Swedish Cinnamon Buns

Yield: 4 min  
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/swedish-kannenbulle-recipe>

## Ingredients:

- 2 3/8 cups flour
- 1 2/3 tablespoons fresh yeast
- 6 3/4 tablespoons milk
- 60 butter melted
- 5 5/8 tablespoons sugar + 1 tsp.
- 1 egg
- 1 tablespoon cardamom
- 1/4 teaspoon salt
- 7 tablespoons butter room temperature
- 1/2 cup sugar
- 4 tablespoons canela
- 1 egg for the glaze
- decorating sugar coarse

## Nutrition:

1. Calories: 1250 calories
2. Carbohydrate: 112 grams
3. Cholesterol: 325 milligrams
4. Fat: 85 grams
5. Fiber: 7 grams
6. Protein: 14 grams
7. SaturatedFat: 52 grams
8. Sodium: 780 milligrams
9. Sugar: 47 grams

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